





WEEKLY PLAN - JOBSHADOWING - Nazaré, Portugal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Arrival - Welcome Escola Profissional da Nazaré; Meeting the directors/school system; Visit the Town Hall	Nutrition class with Chef Frederico Neto and students - classroom (9h - 10.30) Creating a sustainable menu using digital tools with students - workshop (11h - 13h)	Visiting PORTO - full day activity	Kitchen workshop - preparing the sustainable menu; Lunch at the school restaurant - sustainable menu
FRIDAY Sustainable menu presentation - digital tool with photos – BOOK CREATOR; Visit Sítio and other places of interest in Nazaré	SATURDAY	SUNDAY	AIMS AND NOTES Using digital tools for teaching purposes; Sustainabilityq Using Book CREATOR Possible dates - October 16 to 29 – 1 week