

Program of Stay



Project Programme

12/12/2021	Arrival in Seville.
13/12/2021	<ul style="list-style-type: none">- Welcome Meeting at INCOMA's office. Introduction to the training programme: registration, introduction of participants and networking welcome to Spain- Migration in Southern Europe, REC- MentoraSTEAM- DISC: Digital Skills for Integration and Active Citizenship. I
14/12/2021	<ul style="list-style-type: none">- DISC: Digital Skills for Integration and Active Citizenship. II- Social and labour inclusion projects carried out by the Innovation & Research department
15/12/2021	<ul style="list-style-type: none">- Speech of Cristian Bohórquez Zayas, responsible for the stay and assistance area of CAR (Refugee Reception Center)- Mental health in refugees
16/12/2021	<ul style="list-style-type: none">- The important role of Adult education in promoting faith awareness training and social inclusion- Staff welfare
17/12/2021	<ul style="list-style-type: none">- Final Meeting at INCOMA's office for Final Evaluation of the project. Deliver of certificates.- Visit to Bialverde
18/12/2021	End of project and departure.



Sevilla

Seville, the captivating capital of Andalusia and the province of Seville, is more than two thousand years old. The city boasts a distinct personality and a large, well-preserved historical center, which re-veal is the Christian, Jewish and Moorish influences still harmoniously present, in the city today. It is a perfectly sized city for study and exploration.

The city boasts a bustling port on the Guadalquivir River, is home to many university-based centers of research and development in the areas of biotechnology, telecommunications and energy, and plays host to a booming tourism industry. The population of Seville is almost 700,000 with a metropolitan area population of about 1.5 million, making it the fourth largest metropolitan area in Spain. The average annual temperature is 65°F/18°C, making it the one of the warmest cities in Europe.

At the heart of a growing metropolitan area, Seville's size and location contribute to its status as economically strongest in all of Andalusia. It is the perfect place to undertake a study or profession-al work experience program, featuring industrial and commercial parks and a variety of establishments across a broad range of sectors.



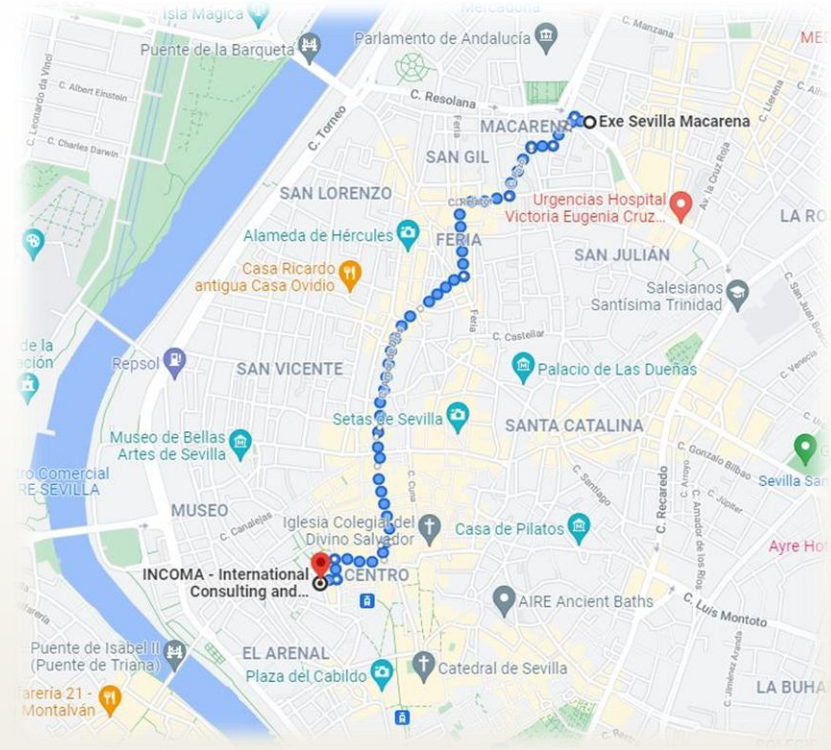
Accommodation details



All participants will be staying in

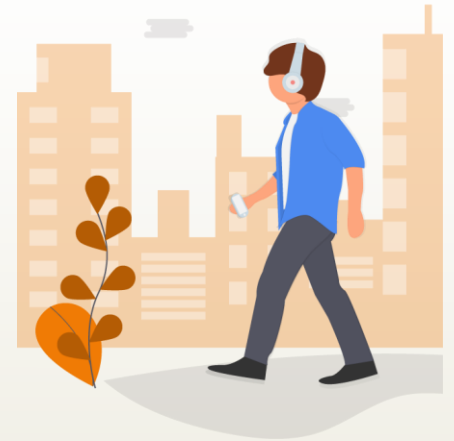
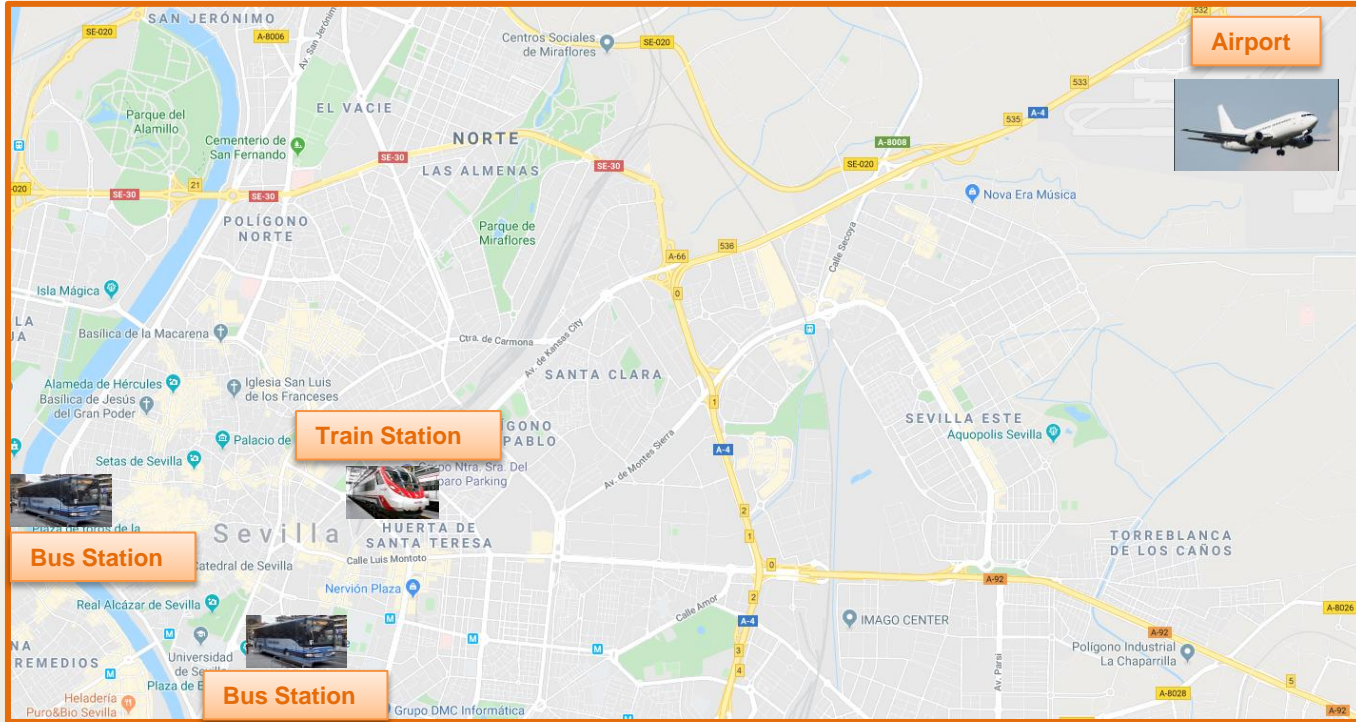
Hotel Exe Sevilla Macarena

Located in **Calle San Juan de Ribera, 2,
41009 Sevilla**

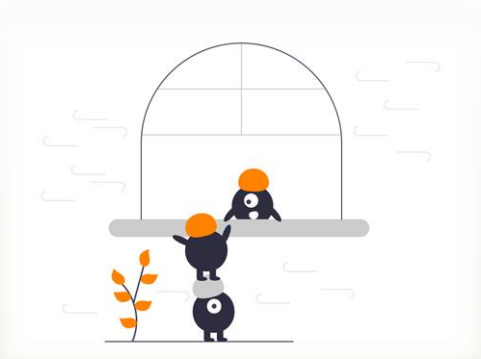


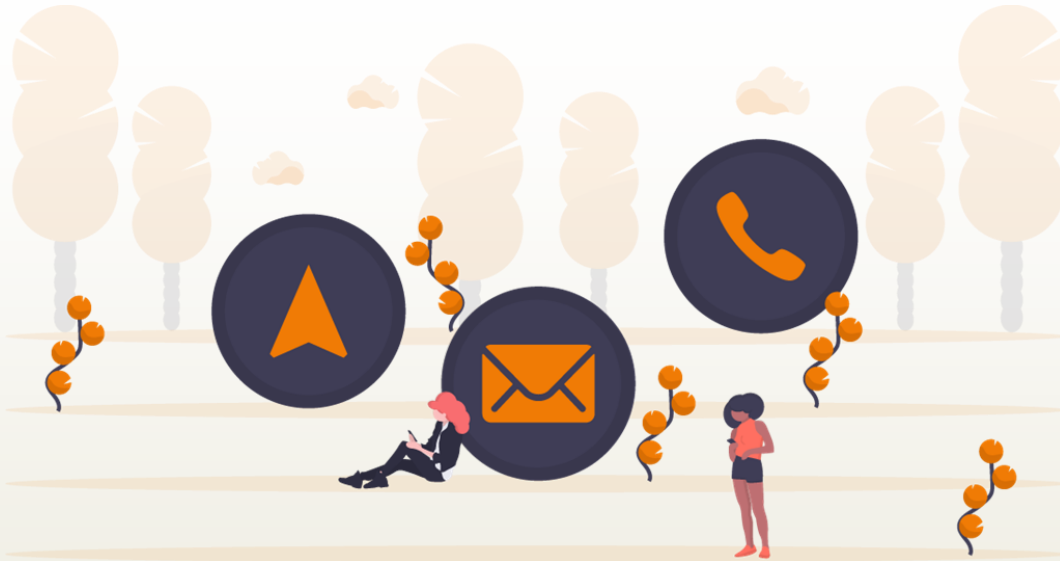
The hotel is next to the city center and the main touristic attractions of the city, in the heart of Macarena neighborhood.

The walk to Incoma's office is around 25 minutes



Participant's profiles





EMERGENCY CONTACT NUMBER
0034 695 574 356

Out of office opening hours, during weekends /
bank holidays, everyone can contact this
number.

**In case of EMERGENCIES, please CALL
DIRECTLY**

General rules for combating the spread of covid

- **Follow local guidance:** check to see what national, regional and local authorities are advising so you have the most relevant information for where you are.
- **Wear a mask:** wear a well-fitting three-layer mask, especially when you can't physically distance, or if you're indoors. Clean your hands before putting on and taking off a mask.
- **Keep your distance:** stay at least 1 meter away from others, even if they don't appear to be sick, since people can have the virus without having symptoms.
- **Avoid crowded places,** poorly ventilated, indoor locations and avoid prolonged contact with others. Spend more time outdoors than indoors.
- **Ventilation is important:** open windows when indoors to increase the amount of outdoor air.
- **Frequently clean your hands** with soap and water, or an alcohol-based hand rub. If you can, carry alcohol-based rub with you and use it often.



PROTECT YOURSELF AND OTHERS

Please avoid to remove your facemask when you are close to people that aren't from your social bubble.

Please avoid to attend bars, restaurants or clubs that are not outside or that don't have proper ventilation.

Materials

For the activities to be carried out, we ask **you to bring your own computer or tablet** with you in order to ensure the correct development of the workshops.

